



R.E.D. Laboratories instructions for Sample Preparation (METU)



Kit Content

- 1 x Requisition Form
- 1 x Instruction Sheet
- 1 x Biohazard Bag
- 1 x Grey Returns Envelope
- 1 x 25 Clear Vial
- 1 x Cardboard Shipping Box

Contamination warning!

For women applying hormone cream/gel on labia and/or vaginally, before collection, thoroughly wash the genital area. On the day of urine collection, DO NOT apply hormone cream/gel to the vaginal labia region as contamination can occur. Apply the hormone cream/gel to the rectal mucosa junction on the day of collection. Applying to other areas of the body (arms, legs etc.) may result in reduced absorption. Immediately contact your GP for questions. Failure to comply with these instructions could result in contaminated urine sample necessitating a recollection and re-test.

CAREFULLY READ ALL SHIPPING AND COLLECTION INSTRUCTIONS THOROUGHLY BEFORE STARTING

Please note: When shipping specimens back to Invivo Clinical, send Monday through to Wednesday only.

Do not ship on Thursday or Fridays.

1. Avoid contaminating urine collection with blood and/or faeces. Should contamination occur, rinse the jug, empty completely, and recollect.
2. If specimen is missed or spilled during collection time, discard all the urine, rinse the jug, empty completely and recollect.
3. Avoid eating fish 24hours prior to collection.

Collection Instructions

- 1) Please collect 20ml (absolute minimum 15ml) of first morning urine, midstream, using the clean plastic tube provided.
- 2) Label the tube with name, date.
- 3) Complete the requisition form and payment if required.

Shipping Instructions

- 1) Place the vial in the biohazard bag. Seal the bag.
- 2) Place the requisition form in the outside pocket of the biohazard bag - *please check that the collection date has been recorded on the Test Requisition Form* (This is a regulatory requirement, ensuring that we receive a viable specimen and you receive accurate results).
- 3) Place the shipping box inside the Grey Returns envelop.
- 4) Take the sample to the post office and send "Next Day before 1pm Special Delivery" on either a MONDAY, TUESDAY or WEDNESDAY ONLY. *Tests received on a Friday will not be shipped to the laboratory until the following week.*
- 5) Please fill in the form, indicate the gender and the date of birth, and clearly indicate if this is baseline urine or after chelation