Buccal Swab Collection Instructions

1. Please fill out all sections of the provided requisition form.

2. Rinse your mouth with cold water before you begin collecting your sample and then swallow to remove excess saliva.

3. Open one swab at a time and collect the sample by rubbing the swab on the inside of your cheek about 20 times or for 15-20 seconds in a circular motion. Swab firmly so that the cheek is pushed outward.

4. Dry the swabs by shaking the swabs in the air for 10-20 seconds.

5. Place the dried swab back in their original sleeve.

6. Use the other cheek for the next swab. Repeat the same process for the rest of swabs. Collect 3 swabs.

7. Place the swab sleeves containing the dry swabs and Requisition Form in the Kashi paper envelope included in the kit. Do not place the swabs in a plastic bag.

8. Label the envelope with your name and date of sample collection.

9. Ship the test kit back to Invivo Clinical as soon as possible using the envelope provided.

   If you have any questions, please don’t hesitate to call us on 0333 241 2997